

1 BAG

MAKES A DIFFERENCE



With the spikes in food prices and dramatic cuts in federal food allotments to centers like CRC nationwide this year, our **Holiday Baskets** program food stockpile is at an all-time low. 1,400 local families in need are expected to register for Holiday Baskets 2011, and we could use your help.

We are in critical need of Non-Perishable Foods in **cans, boxes, bags, squeeze bottles, and plastic jars. Please, no glass** (except jars of baby food).

—**Breakfast Foods:** Cereal (hot or cold), Baby Cereal (all stages), Milk (evaporated, condensed, powder or sterilized), Juice (plastic bottles, cans, pouches, or cartons) Dried Fruit or Fruit Bars, Jam/Jelly/Preserves, Granola Bars, Cereal Bars, Power Bars, Bisquick or other Pancake/Muffin Mix, Oatmeal, Pancake Syrup, Maple Syrup, Powdered Eggs or egg substitute

—**Cooking Staples:** Salt or salt substitutes, Flour, Granulated Sugar in 1-lb BOXES (please no bags or powdered sugar), Cooking Oil

—**Pasta & Rice:** Mac'n cheese, Ramen, canned pasta (ravioli or Spaghettios), rice, pasta

—**Soups & Sauces:** All kinds of soup and spaghetti sauces

—**Meats & Proteins:** chili or stew, canned meats of all kinds, peanut butter, dry beans

—**Vegetables:** refried beans, pork & beans, corn, peas, beets, carrots

—**Fruit:** apple sauce, raisins, all canned fruit

—**Drinks:** apple or grape juice, powdered milk
(Please, no sodas, tonic water, whole coffee beans, wine or beer, no bottles.)

—**Single Serving/Easy Open Foods:** juice boxes, cheese & crackers, tuna & crackers, tuna in pouches, boxes of chili, cup o' soup

