

# Freedom Kits

*For Domestic Violence Survivors on Their Way to Independence*



*a special project of Carol's House*



When Carol's House residents are ready to move on to a new life free of abuse, we want to ensure that their transition is smooth. Freedom Kits turn an empty apartment into a home for the women and children who leave our emergency shelter. **Please include all or as many items as you can with your Freedom Kit donation.** Items may be NEW or GENTLY USED.

## ✓ Checklist - Please check off whatever you donate

- |  |   |
|--|---|
| <input type="checkbox"/> Plates (set of 4-6)     | <input type="checkbox"/> Iron                         |
| <input type="checkbox"/> Bowls (set of 4-6)      | <input type="checkbox"/> Sheets & Pillows (1-2 sets)* |
| <input type="checkbox"/> Glasses (set of 4-6)    | <input type="checkbox"/> Blanket/Bedsread (1-2 sets)* |
| <input type="checkbox"/> Silverware (set of 4-6) | <i>* Twin or Double preferred</i>                     |
| <input type="checkbox"/> Frying pan              |   |
| <input type="checkbox"/> Saucepan                |   |
| <input type="checkbox"/> Pot                     |   |
| <input type="checkbox"/> Basic Cooking Utensils  |   |
| <input type="checkbox"/> Dishtowels              |   |
| <input type="checkbox"/> Coffee maker            |   |
| <input type="checkbox"/> Bath towels (4)         |   |
| <input type="checkbox"/> Hand towels (4)         |   |
| <input type="checkbox"/> Washcloths (4)          |   |
| <input type="checkbox"/> Toaster                 |   |
| <input type="checkbox"/> Portable Mixer          |   |
| <input type="checkbox"/> Ironing Board           |   |

### SPECIAL REQUESTS

In addition to Freedom Kits, we collect the following furniture and extras for Carol's House graduates:

- |  |
|--|
| <input type="checkbox"/> Cable-ready TV and stand  |
| <input type="checkbox"/> Couch                     |
| <input type="checkbox"/> Kitchen table with chairs |
| <input type="checkbox"/> Twin or Double Bed(s)     |
| <input type="checkbox"/> Dresser(s)                |
| <input type="checkbox"/> Lamp(s)                   |

**Freedom Kits** may be dropped off **by appointment** at the CRC Social Services office at 650 Second Street in Encinitas.

Mon-Fri, 9AM to 4PM  
**Please call to set up drop off time or for more info:**  
(760) 753-1156, ext. 1317

  
**community  
resource  
center**  
*Proving lives can change*