



## **SAN DIEGO COUNTY: HUNGER BY THE NUMBERS**

Prepared Summer 2011

- More than 440,000 San Diego residents experience hunger each year.
- Nearly 40 percent of food insecure people in San Diego 'fall into the gap' of struggling to pay for food but remaining ineligible for federal assistance.
- 3 in 10 working-age San Diego County households don't earn enough to make ends meet.
- 62 percent of households report having to choose between paying for food and paying for utilities or heating costs.
- Nearly half of people serviced by FASD are under the age of 18.
- One in four children in San Diego County are food-insecure.

## **NATIONAL HUNGER STATISTICS**

- Today, 1 in 8 Americans is struggling with hunger.
- After a lifetime of work, many seniors are living on fixed incomes that often force them to choose between paying for healthcare or prescriptions and buying groceries.
- According to the USDA, nearly 17 million children are living in food-insecure households.

## **FEEDING AMERICA SAN DIEGO CLIENTS AT A GLANCE**

- 435,700 individuals received FASD food assistance last year.
- 46% of the members of households are children under age 18.
- 14% of the members of households are children under the age of five.
- 3% of the members of households are elderly.
- About 11% of clients are non-Hispanic white, 16% are non-Hispanic black, 68% are Hispanic, and the rest are from other racial groups.
- 7% are homeless.
- 62% had to choose between paying for food and paying their rent or mortgage.
- 34% had to choose between paying for food and paying for medicine or medical care.
- 48% had to choose between paying for food and paying for transportation.
- 57% had to choose between paying for food and paying for gas for a car.

For more information, please visit [www.feedingamericasd.org](http://www.feedingamericasd.org).